

Mental Health/Chemical Dependency/Mental Retardation

Associate Degree–Mental Health Track

Associate Degree–Chemical Dependency Track

Associate Degree–Mental Retardation Track

Prevention Specialist Certificate

Community Living Specialist Certificate

Advanced Chemical Dependency Certificate

Advanced Mental Health Certificate

Advanced Mental Retardation Certificate

Community/Habilitation Assistant Certificate

With social, economic, and moral issues constantly changing, society is faced with increasingly complex problems which require professional, caring helpers. This evolution has created a high demand for human service specialists. Human service specialists have a professionally and personally challenging role in providing services to both children and adults with a variety of needs and/or disabilities. Graduates work with persons with mental retardation and/or developmental disabilities, emotional/mental disorders, substance abuse and chemical dependency, as well as individuals who have co-occurring disorders. Specialists also work in consultation with psychologists, educators, psychiatrists and social workers.

Innovative educational approaches including videotaping, simulated situations, role-playing, marathon group participation and discussion in small group seminars are used to help students develop the knowledge, therapeutic skills, and necessary attitudes to succeed in this profession. The program stresses development and exploration of both personal and professional characteristics graduates will need to be effective helpers.

The associate degree program enables students to specialize in one of the following educational tracks during their second year: Mental Health, Chemical Dependency/Substance Abuse Prevention or Mental Retardation. The six-quarter, three-track program includes 560 hours of hands-on experience under the direct supervision of professionals in local agencies. Practicum experiences are available in a variety of community

agencies which include mental health centers, day habilitation programs, state psychiatric hospitals, schools, senior centers, workshops, private hospitals, rehabilitation facilities, drug and alcohol treatment centers, homeless shelters, supported living environments, foster care facilities, youth treatment programs, and treatment programs within the criminal justice system

Graduates who complete the associate degree program are eligible to apply for a Certificate of Registration as a Social Work Assistant with the State of Ohio Counselor/Social Worker and Marriage and Family Therapist Board. The Mental Health/Chemical Dependency and Mental Retardation program is accredited by the Council for Standards in Human Service Education.

The program also offers the following certificate programs:

Prevention Specialist Certificate

This 38-credit-hour certificate is open to students with an associate, a bachelor's, or a master's degree. Completion of this certificate meets educational practicum hours requirement for substance abuse prevention professional certification in the state of Ohio.

Community Living Specialist Certificate

This is a program (55–59 credit hours) for students who have, in the past, struggled with their own severe mental illness. Students make use of their coping skills to work effectively with persons with severe mental illness. Students participate in two to three clinical practicum experiences on a mental health community treatment team.

Advanced Chemical Dependency Certificate

This is a 52-credit-hour program for students with an associate, a bachelor's, or a master's degree in a related field. Completion of this certificate meets the 270 hours of acceptable chemical dependency training for CD licensure. Students have three or four supervised clinical practicum experiences, including one with clients who have co-occurring disorders.

Advanced Mental Health Certificate

This 52-credit-hour program is open to students with an associate, a bachelor's, or a master's degree. The curriculum provides courses focused on the knowledge and skills necessary to work in the mental health field. Students participate in four clinical practicum experiences in a variety of human service agencies.

Advanced Mental Retardation Certificate

This 51-credit-hour program is designed for students with an associate, a bachelor's, or a master's degree. The curriculum

offers courses focused on the knowledge and skills necessary to work with clients with MR/DD issues. Students participate in four clinical practicums in a variety of human service agencies.

Community/Habilitation Assistant Certificate

This is a 28-credit-hour program for students who have a developmental disability. Course work is adapted to a fifth grade reading level. The curriculum provides students with the knowledge and skills necessary to work as an assistant in the MR/DD field. Students participate in three clinical practicum experiences in a variety of human service agencies.

Courses MHCR 112, MHCR 115, MHCR 135, MHCR 191, MHCR 241, MHCR 247, MHCR 258, MHCR 291, and MHCR 298 are approved by Ohio Department of Mental Retardation and Developmental Disabilities in obtaining adult service certification.

All technical courses in the chemical dependency track are accepted by Ohio Chemical Dependency Professional Board and for renewal of social work licensure.

Upon completion of the associate degree in Mental Health/Chemical Dependency/Mental Retardation, the graduate will be able to:

- Describe the philosophy and benefits of community support groups in the recovery process.
- Collect data and monitor progress.
- Use counseling skills.
- Plan for, lead, and process groups.
- Apply conflict resolution and anger management skills.
- Formulate assessments.
- Demonstrate an awareness of and involvement in community advocacy activities.
- Interact effectively with diverse populations.
- Make appropriate referrals.
- Demonstrate ethical behavior.
- Develop and/or implement treatment/service plans.
- Develop and/or implement strategies to meet treatment/service goals.
- Apply service coordination/case management skills.
- Apply computer literacy skills.
- Demonstrate self-assessment skills.

In addition to the general outcomes listed above a graduate in the Chemical Dependency track will be able to:

- Identify and demonstrate the 12 Core Functions of a chemical dependency counselor.
- Recognize and identify significant signs and symptoms of chemical dependency using a variety of assessment tools.
- Identify varying levels of care for chemical dependency treatment and common criteria for appropriate referral.

- Identify relapse dynamics/triggers and utilize a variety of intervention strategies.
- Recognize stages of change and implement appropriate treatment strategies.

MH/CD/MR has articulation agreements with the following four-year colleges/universities: Ohio Dominican University, Otterbein College, Capital University, Franklin University, and University of Cincinnati.

Because students and workers in the health care field may be exposed to infectious materials and communicable diseases, the program emphasizes safety and prevention.

Specific Program Admissions Information

Listed below are additional requirements for admission to the Mental Health/Chemical Dependency/Mental Retardation program:

- Submission of an official copy of high school transcript verifying graduation or GED to Records and Registration.
- Attendance at a (voluntary) MH/CD/MR program orientation session.
- Placement out of or completion of DEV 031 and 044.
- Completion of ENGL 101 and PSY 100 with a “C” or higher.
- Completion of the following five courses with a grade of “C” or higher:
 - MHCR 111: Introduction to Mental Health
 - MHCR 112: Introduction to Mental Retardation
 - MHCR 114: Introduction to Chemical Dependency
 - MHCR 115: Introduction to Counseling
 - MHCR 117: Introduction to Documentation Skills
- Compliance with and completion of all additional program requirements outlined in the program’s admission policy.
- Mandatory attendance at a group admissions interview with the Mental Health/Chemical Dependency/Mental Retardation admissions coordinator and clinical coordinator.

Mental Health and Mental Retardation Tracks

COURSE	CR
Quarter 1	
ENGL 101 Beginning Composition	3
PSY 100 Introduction to Psychology	5
MHCR 111 Introduction to Mental Health	4
MHCR 112 Introduction to Mental Retardation	3
MHCR 114 Introduction to Chemical Dependency	4
TOTAL CREDIT HOURS.....	19
NOTE: MHCR introductory courses may be taken in any order.	
Quarter 2	
ENGL 102 Essay and Research.....	3
HUM XXX Humanities 111,112,113,151,152 or 224	5
CIT 101 PC Applications 1	3
MHCR 115 Introduction to Counseling	4
MHCR 117 Introduction to Documentation Skills	2

TOTAL CREDIT HOURS 17

Note: MHCR introductory courses may be taken in any order.

Quarter 3

PSY 230	Abnormal Psychology.....	5
PSY 240	Human Growth and Development through the Life Span.....	4
MHCR 135	Intervention Strategies.....	4
MHCR 191A	Fundamentals in Human Service Practice.....	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum.....	4
TOTAL CREDIT HOURS		21

Quarter 4

MHCR 150	Pharmacology in Human Services.....	2
SSCI 101	Cultural Diversity.....	5
MHCR 241*	Counseling Skills.....	4
MHCR 247*	Teaching and Supporting Strategies.....	4
MHCR 291*	Practicum in Teaching/Supporting Strategies.....	4
TOTAL CREDIT HOURS		19

*Offered only during autumn and winter quarters

Quarter 5

COMM 105	Speech.....	3
COMM 202	Writing for Health and Human Services.....	3
MHCR 251*	Social Policy and Programs.....	4
MHCR 253*	Therapeutic Group Work Skills.....	4
MHCR 295*	Practicum in Therapeutic Group Work Skills.....	4
TOTAL CREDIT HOURS		18

*Offered only during winter and spring quarters

Quarter 6

BIO 111	Introductory Biology I.....	5
MHCR 258*	Service Coordination/Case Management.....	4
MHCR 298*	Practicum in Service Coordination/Case Management.....	4
MHCR 299*	Portfolio Completion/Capstone.....	1
TOTAL CREDIT HOURS		14

*Offered only during spring and summer quarters

TOTAL CREDIT HOURS 108

Students may pursue additional/optional training in the following:

MHCR 230	Supervision and Ethics in Human Services
MHCR 230A	Supervision in Human Services
MHCR 230B	Ethics in Human Services
MHCR 234	Therapeutic Laughter
MHCR 266	Treatment in the Criminal Justice System
MHCR 270	Special Topics in CD Counseling
MHCR 280	Special Populations in Human Services
MHCR 290	Special Topics in Prevention

(See course descriptions.)

Chemical Dependency Track

COURSE **CR**

Quarter 1

ENGL 101	Beginning Composition.....	3
PSY 100	Introduction to Psychology.....	5
MHCR 111	Introduction to Mental Health.....	4
MHCR 112	Introduction to Mental Retardation.....	3
MHCR 114	Introduction to Chemical Dependency.....	4
NOTE: Introductory courses may be taken in any order.		
TOTAL CREDIT HOURS		19

Quarter 2

ENGL 102	Essay and Research.....	3
CIT 101	PC Applications 1.....	3
HUM XXX	Humanities 111,112,113,151,152 or 224.....	5
MHCR 115	Introduction to Counseling.....	4

MHCR 117 Introduction to Documentation Skills 2

NOTE: MHCR introductory courses may be taken in any order.

TOTAL CREDIT HOURS..... 17

Quarter 3

PSY 230	Abnormal Psychology.....	5
PSY 240	Human Growth and Development through the Life Span.....	4
MHCR 135	Intervention Strategies.....	4
MHCR 191A	Fundamentals in Human Services Practice.....	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum.....	4
TOTAL CREDIT HOURS		21

Quarter 4

SSCI 101	Cultural Diversity.....	5
MHCR 150	Pharmacology in Human Services.....	2
MHCR 241*	Counseling Skills.....	4
MHCR 245*	Chemical Dependency I.....	4
MHCR 293*	Practicum in Chemical Dependency I.....	4

*Offered only during the day in autumn quarter and only during the evening in winter quarter

TOTAL CREDIT HOURS..... 19

Quarter 5

COMM 105	Speech.....	3
COMM 202	Writing for Health and Human Services.....	3
MHCR 251*	Social Policy and Programs.....	4
MHCR 253*	Therapeutic Group Work Skills.....	4
MHCR 295*	Practicum in Therapeutic Group Work Skills.....	4

*Offered only during winter and spring quarters

TOTAL CREDIT HOURS..... 18

Quarter 6

BIO 111	Introductory Biology I.....	5
MHCR 265*	Chemical Dependency II.....	4
MHCR 296*	Field Practicum in Chemical Dependency II.....	4
MHCR 299**	Portfolio Completion/Capstone.....	1

*Offered only during spring and summer quarters

**Offered only during spring and summer quarters

TOTAL CREDIT HOURS..... 14

TOTAL CREDIT HOURS..... 108

Students may pursue additional/optional training in the following:

MHCR 230	Supervision and Ethics in Human Services
MHCR 230A	Supervision in Human Services
MHCR 230B	Ethics in Human Services
MHCR 234	Therapeutic Laughter
MHCR 266	Treatment in the Criminal Justice System
MHCR 270	Special Topics in CD Counseling
MHCR 280	Special Populations in Human Services
MHCR 290	Special Topics in Prevention

(See course descriptions.)

Prevention Specialist Certificate

COURSE **CR**

Quarter 1

MHCR 114	Introduction to Chemical Dependency.....	4
MHCR 117	Introduction to Documentation Skills.....	2
MHCR 135	Intervention Strategies.....	4
MHCR 150	Pharmacology in Human Services.....	2
TOTAL CREDIT HOURS		12

Quarter 2

MHCR 236	Foundations in Prevention.....	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum.....	4
TOTAL CREDIT HOURS		8

Quarter 3

MHCR 247*	Teaching and Supporting Strategies	4
MHCR 291*	Practicum in Teaching and Supporting Strategies	4

*Offered only during autumn and winter quarters

TOTAL CREDIT HOURS 8

Quarter 4

MHCR 237	Program Planning and Evaluation	3
MHCR251	Social Policy and Programs	4
MHCR 239	Advanced Prevention Practicum	3

TOTAL CREDIT HOURS 10

TOTAL CERTIFICATE CREDIT HOURS 38

The Ohio Chemical Dependency Professionals Board has established both educational and practical experience requirements for Chemical Dependency Counseling and Prevention Specialists. For specific details, go to the ocdp.ohio.gov Web site under "licensing."

Students may pursue additional/optional training in the following:

MHCR 230	Supervision and Ethics in Human Services
MHCR 230A	Supervision in Human Services
MHCR 230B	Ethics in Human Services
MHCR 234	Therapeutic Laughter
MHCR 266	Treatment in the Criminal Justice System
MHCR 270	Special Topics in Chemical Dependency Counseling
MHCR 280	Special Populations in Human Services
MHCR 290	Special Topics in Prevention

(See course descriptions.)

Community Living Specialist Certificate

COURSE **CR**

Quarter 1

ENGL 101	Beginning Composition	3
PSY 100	Introduction to Psychology	5
CIT 101	PC Applications I.....	3

TOTAL CREDIT HOURS 11

Quarter 2

PSY 240	Human Growth and Development through the Life Span.....	4
MHCR 111	Introduction to Mental Health	4
MHCR 112	Introduction to Mental Retardation.....	3

TOTAL CREDIT HOURS 11

Quarter 3

MHCR 115	Introduction to Counseling	4
MHCR 114	Introduction to Chemical Dependency	4

TOTAL CREDIT HOURS 10

Quarter 4

MHCR 135	Intervention Strategies	4
MHCR 191A	Fundamentals in Human Service Practice	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum.....	4

TOTAL CREDIT HOURS 12

Quarter 5

SSCI 101	Cultural Diversity.....	5
MHCR 150	Pharmacology in Human Services	2
MHCR 284	Special Studies MH/CD/MR	4

TOTAL CREDIT HOURS 11

Quarter 6

*MHCR 284	Special Studies MH/CD/MR	4
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TOTAL CREDIT HOURS 4

TOTAL CERTIFICATE CREDIT HOURS 55-59

*Optional placement quarter contingent upon individualized student learning plan

Advanced Chemical Dependency Certificate

COURSE **CR**

Quarter 1

MHCR 114	Introduction to Chemical Dependency	4
MHCR 115	Introduction to Counseling	4
MHCR 117	Introduction to Documentation Skills	2

TOTAL CREDIT HOURS..... 10

Quarter 2

MHCR 135	Intervention Strategies	4
MHCR 191A	Fundamentals in Human Service Practice	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum.....	4
MHCR 150	Pharmacology in Human Services	2

TOTAL CREDIT HOURS..... 14

Quarter 3

MHCR 241*	Counseling Skills	4
MHCR 245*	Chemical Dependency I	4
MHCR 293*	Practicum in Chemical Dependency I	4

*Offered only during autumn and winter quarters

TOTAL CREDIT HOURS..... 12

Quarter 4

MHCR 253*	Therapeutic Group Work Skills.....	4
MHCR 295*	Practicum in Therapeutic Group Work Skills	4

*Offered only during winter and spring quarters

TOTAL CREDIT HOURS..... 8

Quarter 5

MHCR 265*	Chemical Dependency II	4
MHCR 296*	Practicum in Chemical Dependency II.....	4

*Offered only during spring and summer quarters

TOTAL CREDIT HOURS..... 8

TOTAL CERTIFICATE CREDIT HOURS..... 52

Associate, baccalaureate, or master's degree in a related field is required.

Students may pursue additional/optional training in the following:

MHCR 230	Supervision and Ethics in Human Services
MHCR 230A	Supervision in Human Services
MHCR 230B	Ethics in Human Services
MHCR 234	Therapeutic Laughter
MHCR 266	Treatment in the Criminal Justice System
MHCR 270	Special Topics in Chemical Dependency Counseling
MHCR 280	Special Populations in Human Services
MHCR 290	Special Topics in Prevention

(See course descriptions.)

Advanced Mental Health Certificate

COURSE **CR**

Quarter 1

MHCR 111	Introduction to Mental Health	4
MHCR 115	Introduction to Counseling	4
MHCR 117	Introduction to Documentation Skills	2

TOTAL CREDIT HOURS..... 10

Quarter 2

MHCR 135	Intervention Strategies	4
MHCR 191A	Fundamentals in Human Service Practice	4
MHCR 191B	Fundamentals in Human Service Practice: Practicum	4
MHCR 150	Pharmacology in Human Services	2

TOTAL CREDIT HOURS..... 14

Quarter 3

MHCR 241* Counseling Skills.....	4
MHCR 247* Teaching and Supporting Strategies	4
MHCR 291* Practicum in Teaching/Supporting Strategies.....	4
*Offered only during autumn and winter quarters	
TOTAL CREDIT HOURS	12

Quarter 4

MHCR 253* Therapeutic Group Work Skills	4
MHCR 295* Practicum in Therapeutic Group Work Skills.....	4
*Offered only during winter and spring quarters	
TOTAL CREDIT HOURS	8

Quarter 5

MHCR 258* Service Coordination/Case Management.....	4
MHCR 298* Practicum in Service Coordination/Case Management	4
*Offered only during spring and summer quarters	
TOTAL CREDIT HOURS	8
TOTAL CERTIFICATE CREDIT HOURS	52

Associate, baccalaureate or master’s degree in a related field is required.

Students may pursue additional/optional training in the following:

- MHCR 230 Supervision and Ethics in Human Services
- MHCR 230A Supervision in Human Services
- MHCR 230B Ethics in Human Services
- MHCR 234 Therapeutic Laughter
- MHCR 266 Treatment in the Criminal Justice System
- MHCR 270 Special Topics in CD Counseling
- MHCR 280 Special Populations in Human Services
- MHCR 290 Special Topics in Prevention

(See course descriptions.)

Advanced Mental Retardation Certificate

COURSE **CR**

Quarter 1

MHCR 112 Introduction to Mental Retardation.....	3
MHCR 115 Introduction to Counseling.....	4
MHCR 117 Introduction to Documentation Skills	2
TOTAL CREDIT HOURS	9

Quarter 2

MHCR 135 Intervention Strategies.....	4
MHCR 191A Fundamentals in Human Service Practice.....	4
MHCR 191B Fundamentals in Human Service Practice: Practicum	4
MHCR 150 Pharmacology in Human Services	2
TOTAL CREDIT HOURS	14

Quarter 3

MHCR 241* Counseling Skills	4
MHCR 247* Teaching and Supporting Strategies	4
MHCR 291* Practicum in Teaching/Supporting Strategies	4
* Offered only during autumn and winter quarters	
TOTAL CREDIT HOURS	12

Quarter 4

MHCR 253* Therapeutic Group Work Skills	4
MHCR 295* Practicum in Therapeutic Group Work Skills.....	4
*Offered only during winter and spring quarters	
TOTAL CREDIT HOURS	8

Quarter 5

MHCR 258* Service Coordination/Case Management.....	4
MHCR 298* Practicum in Service Coordination/Case Management	4
*Offered only during spring and summer quarters	
TOTAL CREDIT HOURS	8
TOTAL CERTIFICATE CREDIT HOURS	51

Community/Habilitation Assistant Certificate

Quarter 1

MHCR 284 Special Studies MH/CD/MR (Early Experience)	3
MHCR 274 Program Success Skills	2
TOTAL CREDIT HOURS	5

Quarter 2

MHCR 112 Introduction to Mental Retardation	3
MHCR 284 Special Studies MH/CD/MR (Practicum in Developmental Disabilities)	4
TOTAL CREDIT HOURS	7

Quarter 3

MHCR 135 Intervention Strategies.....	4
MHCR 284 Special Studies MH/CD/MR (Practicum in Intervention Strategies).....	4
TOTAL CREDIT HOURS	8

Quarter 4

MHCR 247 Teaching and Supporting Strategies.....	4
MHCR 291 Practicum in Teaching and Supporting	4
TOTAL CREDIT HOURS.....	28

**Mental Health/Chemical Dependency/
Mental Retardation (MHCR)**

MHCR 111 Introduction to Mental Health (A, W, SP, SU) 4 credits

This entry-level course provides the student with a comprehensive overview of the mental health field as it relates to historical and contemporary issues impacting the mental health field, as well as service delivery components and barriers. The student acquires knowledge of the clinically based, mental health knowledge and skills needed to formulate assessments. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisite: Placement into ENGL 101 or 111, placement out of DEV 044 and 031 Lab fee: \$12.00

MHCR 112 Introduction to Mental Retardation (A, W, SP, SU)

3 credits

This entry-level course provides the student with an overview of the mental retardation/developmental disability field as it relates to contemporary and historical issues impacting persons with disabilities and the service delivery system. Students will gain knowledge of definitions, causes, and characteristics of a variety of developmental disabilities as well as the services available to individuals with developmental disabilities. Principles of self-determination, behavior supports, and advocacy will be discussed. This course must be completed with a “C” or better.

Lecture: 3 hours – Lab: 0 hours

Prerequisite: Placement into ENGL 101 or 111, placement out of DEV 044 and 031 Lab fee: \$12.00

MHCR 114 Introduction to Chemical Dependency

(A, W, SP, SU)

4 credits

This entry-level course provides the student with an overview of chemical dependency. Historical and cultural influences and models utilized to understand substance abuse and dependency are discussed. The ASAM/NCADD levels of care definition and the DSM-IV

criteria of substance dependence are explored. Common drugs of abuse and their impact on the individual, family and society are presented. Students explore community resources available to persons with chemical dependency and their families. This course must be completed with a "C" or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisite: Placement into ENGL 101 or 111, placement out of DEV 044 and 031 Lab fee: \$12.00

MHCR 115 Introduction to Counseling (A, W, SP, SU) 4 credits

This introductory course focuses on the development of basic interviewing, rapport building, and active listening skills for the beginning student. The student gains a beginning understanding of the process and principles in establishing effective helping relationships using attending behaviors, effective questioning, empathy, and self-awareness. This course must be completed with a "C" or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisite: Placement into ENGL 101 or 111, placement out of DEV 044 and 031 Lab fee: \$12.00

MHCR 117 Introduction to Documentation Skills (A, W, SP, SU) 2 credits

The emphasis in this introductory course is on the use of behavioral writing to document services delivered to clients. Students learn beginning skills needed to maintain records, including writing progress notes. This course must be completed with a "C" or better.

Lecture: 2 hours – Lab: 0 hours

Prerequisite: Placement into ENGL 101 or 111, placement out of DEV 044 and 031 Lab fee: \$15.00

MHCR 135 Intervention Strategies (A, W, SP, SU) 4 credits

This core course focuses on understanding individual behavior. Students will learn skills and strategies for de-escalating, resolving, and preventing conflict, aggression, and violence between people within agencies and their programs. Topics include building healthy relationships, proactive interaction, the crisis cycle, effects of trauma, purpose and appropriate use of physical interaction, positive behavior support, the stages of change, behavior support plans, and teaching healthy choices. This course must be completed with a "C" or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisite: Admission to the program Lab fee: \$16.00

MHCR 150 Pharmacology in Human Services (A, W, SP, SU)

This is a required course in all three tracks in the MH/CD/MR program. This course examines the composition, uses and effects of various psychoactive and psychotropic drugs. Commonly used psychotropic medications, the psychiatric conditions for which they are prescribed, and frequently experienced side effects are discussed. An overview of the central nervous system and drug/neurotransmitter interactions is also covered. This course must be completed with a "C" or better.

Lecture: 2 hours – Lab: 0 hours

Prerequisite: Admission to the program Lab fee: \$12.00

MHCR 191A Fundamentals in Human Service Practice: Helping Process (A, W, SP, SU) 4 credits

Emphasis in this core course is on understanding and applying the

helping process. Students learn to apply data collection, data assessment, action planning, action/implementation, and evaluation skills. This course must be completed with a "C" or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: Admission to the program Lab fee: \$12.00

MHCR 191B Fundamentals in Human Service Practice: Practicum (A, W, SP, SU) 4 credits

Emphasis in this core course is on observing and participating in the delivery of services to clients served by an agency. The student practices initial helping skills, including data collection, assessment, and action planning under the supervision of an agency professional. The student processes practicum experiences in a weekly seminar. This course must be completed with a "C" or better.

Lecture: 2 hours – Lab: 14 hours

Prerequisites: Admission to the program Lab fee: \$38.00

MHCR 230 Supervision and Ethics in Human Services (On Demand) 2 credits

This course familiarizes the student with clinical supervision and ethical issues in the field of human services. Students will explore specific aspects related to their professions (i.e. chemical dependency counseling, substance abuse prevention, mental health and case management services, or mental retardation and developmental disabilities). This course must be completed with a "C" or better.

Lecture: 2 hours – Lab: 0 hours Lab fee: \$5.00

MHCR 230A Supervision in Human Services (On Demand) 1 credit

This course is a modularized component of 230 which will familiarize the student with clinical supervision in the human services field. Students will explore specific aspects related to their professions (i.e., chemical dependency counseling, substance abuse prevention, mental health and case management services, or mental retardation and developmental disabilities). This course must be completed with a "C" or better.

Lecture: 1 hour – Lab: 0 hours Lab fee: \$5.00

MHCR 230B Ethics in Human Services (On Demand) 1 credit

This course is a modularized component of 230 which will familiarize the student with ethical standards and issues in human services. Students will explore specific aspects related to their professions (i.e. chemical dependency counseling, substance abuse prevention, mental health and case management services, or mental retardation and developmental disabilities). This course must be completed with a "C" or better.

Lecture: 1 hour – Lab: 0 hours Lab fee: \$2.00

MHCR 234 Therapeutic Laughter (On Demand) 3 credits

This course familiarizes the student with the therapeutic aspects of humor and laughter and the skills and knowledge necessary to become a Certified Laughter Leader. Leaders are able to facilitate social and therapeutic Laughter Clubs. This course must be completed with a "C" or better.

Lecture: 3 hours – Lab: 0 hours Lab fee: \$8.00

MHCR 236 Foundations in Prevention (On Demand) 4 credits

This course familiarizes the student with the historical perspectives, theoretical approaches, current program models, and research in ATOD. This course must be completed with a "C" or better.

Lecture: 4 hours – Lab: 0 hours Lab fee: \$8.00

Prerequisite: MHCR 114

Corequisite: MHCR 191 B

MHCR 237 Program Planning and Evaluation (On Demand)

3 credits

This course focuses on the role of the community and leaders in the community in the development and implementation of prevention services. Methods for evaluating program effectiveness, impact and outcomes of prevention services are explored. This course must be completed with a “C” or better.

Lecture: 3 hours – Lab: 0 hours

Prerequisite: MHCR 236 Lab fees: \$8.00

MHCR 239 Advanced Prevention Practices (SP, SU) 3 credits

This practicum course allows students to become involved in the community to access, develop, implement, and evaluate prevention services. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 0 hours

Practicum: 10 hours

Prerequisite: MHCR 237 Lab fee: \$35.00

MHCR 241 Counseling Skills (A, W)

4 credits

This core course focuses on theoretical and practical aspects of effective helping through the counseling relationship with clients who have MH/CD and/or MR issues. Following a microtraining model, skills which form the foundation of effective communication are emphasized. Motivational Interviewing is introduced. Critical thought and creativity is also stressed. Course emphasizes practicing skills in small groups and in role play/simulations. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 191A and B Lab fee: \$18.00

MHCR 245 Chemical Dependency I (A, W)

4 credits

This course is offered as part of the CD track only. Course content includes exploration of various philosophies and approaches to the treatment of addictions, recognition of signs and symptoms of substance dependence, assessing client’s stage of change, and the appropriate level of care for treatment. Issues and treatment for families and significant others are reviewed. Students complete a bio-psycho-social assessment, diagnostic summary, and didactic presentation. The 12 Core Functions of a substance abuse counselor are interwoven throughout the quarter. Students participate in, explore, and evaluate community support groups. Legal and ethical issues in the field of chemical dependency counseling are discussed. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 191A and B

Corequisites: MHCR 241 and MHCR 293 Lab fee: \$18.00

MHCR 247 Teaching and Supporting Strategies (A, W) 4 credits

This course provides a comprehensive overview of the principles and techniques for teaching and supporting people with diverse needs. Topics covered include habilitation/rehabilitation programming, self-determination, person-centered planning, teaching and learning styles, community connecting, task and process analysis, development of teaching plans and supported employment. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 191A and B

Corequisites: MHCR 241 and 291 Lab fee: \$18.00

MHCR 251 Social Policy and Programs (W, SP)

4 credits

This course examines social welfare policies/programs at national, state, and local levels in fields of MH/CD/MR. The student will use an ecological model for social change to collect, synthesize, and evaluate data on a variety of social problems. Throughout the course, the student documents analysis of visits to agencies and organizations. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisite: MHCR 245/293 or MHCR 247/291 Lab fee: \$18.00

MHCR 253 Therapeutic Group Work Skills (W, SP)

4 credits

This course, offered as a part of all three tracks in the program, is focused on knowledge and experiential learning using the group as the unit of attention. Course content includes process, stages of development, leadership skills, therapeutic factors, and problematic issues for groups of clients who are mentally ill, mentally retarded, chemically dependent, or who have co-occurring disorders. The student participates as a member in a peer group to complement classroom theoretical constructs. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 241 and MHCR 247/291 or MHCR 245/293

Corequisite: MHCR 295 Lab fee: \$20.00

MHCR 258 Service Coordination/Case Management (SP, SU)

4 credits

This course provides the human service student with a comprehensive overview and analysis of a service coordination/case management system. Student receives an in-depth exposure to newly defined skills, treatment approaches, and contemporary issues impacting the service coordination/case management delivery field. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 253 and 295

Corequisite: MHCR 298 Lab fee: \$18.00

MHCR 265 Chemical Dependency II (SP, SU)

4 credits

This is an advanced course offered as part of the Chemical Dependency track only. This course focuses on working with clients with co-occurring disorders and on relapse prevention. Students assess client resistance, identify stages of change, and practice appropriate motivational interviewing techniques. Students develop a relapse prevention plan/treatment plan and develop a discharge plan utilizing a variety of community support groups and resources. Legal and ethical issues, including duty to warn and working with impaired professionals, are explored. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours

Prerequisites: MHCR 253 and 295

Corequisite: MHCR 296 Lab fee: \$18.00

MHCR 266 Treatment in the Criminal Justice System (On Demand)

4 credits

This course explores substance abuse and mental health treatment in the criminal justice system. Various treatment modalities will be

discussed with particular focus on therapeutic communities. Students gain awareness of social, political, and institutional issues that influence design, policy, and implementation of institutional treatment programming.

Lecture: 4 hours – Lab: 0 hours Lab fee: \$10.00

MHCR 270 Special Topics in Chemical Dependency Counseling (On Demand) 2 credits

This course familiarizes the student with the cultural perspectives of specific client populations as it relates to substance abuse/dependency assessment and treatment of individuals and families. Topics may include Native Americans, domestic violence survivors, sexual abuse perpetrators, pregnant women, siblings of substance abusing adolescents, Latinos, gangs, older adults and parents and families. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 0 hours Lab fee: \$20.00

MHCR 274 Special Studies in MH/CD/MR (On Demand) 1–12 credits

This course is designed to meet specific needs of students who wish to pursue in-depth training in the MH/CD/MR field. Typical subject areas include theory and skills in helping individuals who are chemically dependent, severely mentally disabled, dually-multi diagnosed, or persons with mental retardation/developmental disabilities. Instructional methods may include clinical experience, seminar format, field placement, lecture, research, videotape and role play. Students enroll in this course with permission of faculty or clinical coordinator. This course must be completed with a “C” or better.

Lecture: Varies – Lab: Varies Lab fee: \$20.00

MHCR 275 Principles of Team Process (On Demand) 3 credits

This is an advanced course which provides the student with a theoretical and practical foundation for functioning as a team member in a human service agency. This course must be completed with a “C” or better.

Lecture: 3 hours – Lab: 0 hours Lab fee: \$10.00

MHCR 280 Special Populations in Human Services (On Demand) 2 credits

This course familiarizes the student with the cultural perspectives of specific client populations as it relates to working with clients and families in the field of human services. Students will explore specific aspects related to their professions (i.e., chemical dependency counseling, substance abuse prevention, mental health and case management services, or mental retardation and developmental disabilities). This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 0 hours Lab fee: \$20.00

MHCR 284 Special Studies in MH/CD/MR (On Demand) 1–4 credits

This course is designed to meet specific needs of students who wish to pursue in-depth training in the MH/CD/MR field. Typical subject areas include theory and skills in helping individuals who are chemically dependent, severely mentally disabled, dually-multi diagnosed, or persons with mental retardation/developmental disabilities. Instructional methods may include clinical experience, seminar format, field placement, lecture, research, videotape and role play. Students enroll in this course with permission of faculty or

clinical coordinator. This course must be completed with a “C” or better.

Lecture: 4 hours – Lab: 0 hours Lab fee: \$20.00

MHCR 290 Special Topics in Prevention (On Demand) 2 credits

This course familiarizes the student with various aspects of prevention. Evidence-based practice standards will be utilized including risk and protection measures. Topics will rotate and include the prevention of various health related issues, violence, crime, delinquency, teen pregnancy, mental health issues, sexually transmitted diseases and other emerging issues.

Lecture: 2 hours – Lab: 0 hours Lab fee: \$4.00

MHCR 291 Practicum in Teaching and Supporting Strategies (A, W) 4 credits

This is a clinical experience for the student specializing in the Mental Health and Mental Retardation tracks which takes place in a community agency. The student practices the skills needed to teach and support people in vocational or community settings with an emphasis on habilitation/rehabilitation programming, self-determination, person centered planning, community connecting, teaching plans and job coaching. The student is expected to assume the role of service provider and is responsible for professional conduct and appropriate work habits. The student processes practicum experiences in a weekly seminar. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 14 hours

Prerequisites: MHCR 191A and B

Corequisite: MHCR 247 Lab fee: \$45.00

MHCR 293 Practicum in Chemical Dependency I (A, W) 4 credits

This is a required clinical experience for students in the Chemical Dependency track. The student is placed in an agency that provides chemical dependency treatment services. Students begin to participate in services that relate to the 12 core functions of a substance abuse counselor. Focus in on assessment, symptom identification and engaging clients in the treatment process. The student assumes the role of service provider demonstrating professional conduct and appropriate work habits. The student processes practicum experiences in a weekly seminar. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 14 hours

Prerequisites: MHCR 191A and B

Corequisite: MHCR 245 Lab fee: \$45.00

MHCR 295 Practicum in Therapeutic Group Work (W, SP) 4 credits

This is a clinical experience for the student in all three tracks in the MH/CD/MR program. In a community agency, the student leads or co-leads a group using skills learned in the classroom, in addition to maintaining one-on-one contact with an identified agency client. The student assumes the role of service provider, demonstrating professional conduct and appropriate work habits. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 14 hours

Prerequisites: MHCR 241 and MHCR 247/291 or MHCR 245/293

Corequisite: MHCR 253 Lab fee: \$50.00

MHCR 296 Practicum in Chemical Dependency II (SP, SU) 4 credits

This advanced clinical experience is required for the student in the Chemical Dependency track and continues to engage students in the 12 Core Functions of a substance abuse counselor. Emphasis is on co-occurring disorders and relapse prevention utilizing motivational enhancement and stage wise treatment throughout the practicum experience. The student assumes the role of service provider, demonstrating professional conduct and appropriate work habits. The student processes practicum experiences in a weekly seminar. This course must be completed with a “C” or better.

Lecture: 2 hours – Lab: 14 hours

Prerequisite: MHCR 253 and 295

Corequisite: MHCR 265 Lab fee: \$50.00

MHCR 298 Practicum in Service Coordination/Case Management (SP, SU) 4 credits

This is a clinical experience for the Mental Health and Mental Retardation track student. The student practices service coordination and case management skills with emphasis on interdisciplinary treatment planning, assessment writing, and the implementation of appropriate referrals. The student assumes the role of service provider and is responsible for professional conduct and acceptable work habits. This course must be completed with a “C” or better.

Prerequisites: MHCR 253 and 295

Corequisite: MHCR 258 Lab fee: \$35.00

MHCR 299 Portfolio Completion Capstone Course in MH/CD/MR (SP, SU) 1 credit

This course will provide the student with the opportunity to assemble, edit, and ready for presentation in portfolio format the collected assignments from each course in the major. Feedback regarding each course is solicited from the student. In addition, the content areas of ethical concerns in human services, effective team participation and avoiding “burnout” are addressed. This course must be completed with a “C” or better.

Lecture: 1 hour – Lab: 0 hours

Corequisite: Fourth and last technical course paired with practicum

Lab fee: \$40.00

MENTAL HEALTH/CHEMICAL DEPENDENCY/MENTAL RETARDATION

Chairperson,

Faculty, Dianne G. Fidelibus, B.A., *Ohio Dominican College, M.S., University of Dayton*; Marilyn S. Pramschufer, B.F.A., *Ohio University, M.S., The Ohio State University*; Jackie Teny-Miller, A.A.S., *Columbus Technical Institute, B.S., Capital University, M.A., University of Dayton*

Clinical Coordinator, W. Dan McDonald, A.A.S., *Monroe Community College, B.S.S.W., State University of New York College at Brockport, M.S.S.W., Columbia University*

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