



# Columbus State Community College

## PLAN OF STUDY

### CAREER AND TECHNICAL PROGRAMS

Effective Autumn Quarter 2009

### MENTAL HEALTH/CHEMICAL DEPENDENCY/MENTAL RETARDATION

### MENTAL HEALTH TRACK

Name \_\_\_\_\_  
 Student # \_\_\_\_\_  
 Date Entered \_\_\_\_\_  
 Advisor \_\_\_\_\_

FIRST QUARTER				SECOND QUARTER				THIRD QUARTER			
		CR	GR			CR	GR			CR	GR
ENGL 101	Beginning Composition	G	3	ENGL 102	Essay & Research	G	3	PSY 230	Abnormal Psychology	B	5
PSY 100	Introduction to Psychology	B	5	HUM xxx	Humanities 111, 112, 113, 151, 152 or 224	G	5	PSY 240	Human Growth & Dev. Through Life Span	B	4
MHCR 111	Intro. to Mental Health	T	4	CIT 101	PC Applications I	B	3	MHCR 135	Intervention Strategies	T	4
MHCR 112	Intro. to MR/DD	T	3	MHCR 115	Intro. to Counseling	T	4	MHCR 191A	Fundamentals in Human Service Practice	T	4
MHCR 114	Intro. to Chemical Dependency	T	4	MHCR 117	Intro. to Documentation Skills	T	2	MHCR 191B	Fundamentals in Human Service Practice/Practicum	T	4
<b>(Introductory course can be taken in any order)</b>											
<b>TOTAL</b>		<b>19</b>		<b>TOTAL</b>		<b>17</b>		<b>TOTAL</b>		<b>21</b>	
FOURTH QUARTER				FIFTH QUARTER				SIXTH QUARTER			
		CR	GR			CR	GR			CR	GR
MHCR 150	Pharmacology in Human Service	T	2	COMM 105	Speech	G	3	BIO 111	Introductory Biology I	G	5
SSCI 101	Cultural Diversity	B	5	COMM 202	Writing for Health & Human Services	G		***MHCR 258	Serv. Coordination/Case Mgmt.	T	4
*MHCR 241	Counseling Skills	T	4	<b>OR</b>				***MHCR 298	Practicum in Service Coordination/Case Mgmt.	T	4
*MHCR 247	Teaching & Supporting Strategies	T	4	COMM 200	Business Communications	G	3	***MHCR 299	Portfolio Completion/Capstone	T	1
*MHCR 291	Practicum in Teaching & Supporting Strategies	T	4	**MHCR 251	Social Policy & Programs	B	4				
				**MHCR 253	Therapeutic Group Work Skills	T	4				
				**MHCR 295	Practicum in Therapeutic Group Work Skills	T	4				
<b>TOTAL</b>		<b>19</b>		<b>TOTAL</b>		<b>18</b>		<b>TOTAL</b>		<b>14</b>	
GRADUATION REQUIREMENTS											
<p>* Offered only during Autumn and Winter quarters            ** Offered only during Winter and Spring quarters            *** Offered only during Spring and Summer quarters</p> <p>Students placing into developmental courses need to complete those prior to enrolling in first quarter program classes.</p> <p>Due to potential changes in course offerings, it is essential that students meet with their academic advisor on a regular basis for scheduling and planning.</p>				<p><b>G = General Education</b>  <b>B = Basic Education</b>  <b>T = Technical Education</b></p> <p><b>Total General Education</b>                    <b>22 hours</b>  <b>Total Basic Education</b>                    <b>26 hours</b>  <b>Total Non-Technical</b>                    <b>48 hours</b>  <b>Total Technical Education</b>                    <b>60 hours</b>  <b>TOTAL CREDITS</b>                    <b>108 hours</b></p>				<p>Students may pursue additional/optional training in the following:</p> <p>MHCR 230      Supervision and Ethics in Human Services            MHCR 230A    Supervision in Human Services            MHCR 230B    Ethics in Human Services            MHCR 234      Therapeutic Laughter            MHCR 266      Treatment in the Criminal Justice System            MHCR 270      Special Topics in CD Counseling            MHCR 280      Special Population in Human Services            MHCR 290      Special Topics in Prevention</p>			

